

– 7 Nights | 8 Days –

BD Nationalities		Non-BD Nationalities
\$5,009 Per Person	Season-1	\$6,019 Per Person
\$6,232 Per Person	Season-2	\$7,444 Per Person
\$6,432 Per Person	Season-3	\$7,676 Per Person

FLIGHT DETAILS				
Airlines	Flight No.	Origin Time	Destination Time	Baggage
Druk Air	KB-301	Dhaka (DAC) 09:10	Paro (PBH) 10:40	40 Kg & 5 kg in hand
	KB-300	Paro (PBH) 07:00	Dhaka (DAC) 08:30	

ACCOMODATION DETAILS				
City	Nights	5 Star Hotel Name	Room Type	Meal Plan
PARO	4	COMO Uma Paro	Double/Twin Bed	Breakfast, Lunch & Dinner
PUNAKHA	3	COMO Uma Punakha	Double/Twin Bed	Breakfast, Lunch & Dinner

Tour Plan

PARO

Day: 01 Welcome to Paro, Bhutan’s panoramic district! Dukair representatives will be at the airport to welcome you. After being welcomed by Drukair Holidays representative, you will make the 10-minute journey to the hotel. You will meet your yoga teacher for the week and have an introductory private yoga practice. Your first private yoga practice will be in the late afternoon. Then, you will be taken on the first foray into the Himalayan kingdom, with sightseeing in Paro town and a temple visit. This afternoon trip allows you to acclimatise to the rarefied air at this altitude, as well as the chance to get to know your guide. Overnight at Paro

PUNAKHA

Day: 02 After breakfast, **DRIVE TO PUNAKHA:** Before starting your day, if you would like, your guide will make arrangements to take you to a local monastery for a butter lamp ceremony, which serves as a welcome to the kingdom and a spiritual blessing. The purpose of the ritual is to celebrate life's fluidity, dispel ignorance, and recognise nature's interdependence. You can make a stop in Thimphu, the capital of Bhutan on the way from Paro to Punakha. An immersive tour will show you some of the main sights, such as the Buddha Dordenma statue and the National Memorial Chorten, a view of Trashie Chhoe Dzong and the Folk Heritage Museum (exact tour itinerary varies).

Surrounded by lush rice paddies and tall peaks, the capital city is spread out over the forested western hillside of the Wang Chhu River. Drives to Punakha from Thimphu is three to four hours (126 km) with route winds snake-like over the 3,000meter-high Dochu La mountain pass, providing views of 108 chortens (Buddhist shrines), forests of cluttered prayer flags, and, on a clear day, expansive views of the Himalayan range.

Overnight: COMO Uma Punakha

Day: 03 **KHAMSUM YULLEY NAMGYAL CHORTEN, PUNAKHA DZONG AND CHIMMI LHAKHANG**

Morning: We begin the morning with a quick stroll through rice paddies and farmhouses to go to Chimmi Lhakhang, a fertility temple dating back to the fifteenth century, perhaps more famously known as the "Divine Madman". With its vibrant fertility symbols and striking statuary, this location has long been a destination for couples looking to have a family. As one travels deeper into the valley, the 300-years-old Punakha Dzong is seen. The administration of Bhutan was originally based here, which was constructed in the 17th century. Today, Je Khenpo, the head abbot of Bhutan, and his 1,000 monks reside here in winter.

Afternoon: Following lunch, the tour leads you on a walk via farms and homesteads to the royal family's hilltop shrine, Khamsum Yulley Namgyal Chorten. We will spend the entire day exploring the beautiful Punakha Valley.

Duration: 6 to 7 hours

Difficulty: Easy to moderate

Overnight: COMO Uma Punakha

KHABASA VILLAGE AND CHORTEN NINGPO

Morning: Drive to Chorten Nyingpo, which is a 17th-century building, after breakfast. Images of the famous lamas of the Drukpa lineage and a magnificent figure of Maitreya, the future Buddha, is found in the chorten. This enchanted location was supposedly once a dense woodland full of terrible spirits. The flaming log that the "Divine Madman" tossed is claimed to have given rise to the large oak tree outside the monastery; the bark of the tree is still black from the burn. In addition to starting a modest Buddhist educational institution where the kids can study classic Buddhist scriptures and texts, the monastery started housing orphans from the neighbouring hamlet in 2005. The return walk to the resort takes around 45 minutes to reach COMO Uma Punakha, passing by the Thodrup Lhakhang, local shrine.

Afternoon

Option 1: Trek to Talo Nobgang and Sangchhen Dorji Lhuendrup Nunnery.

Currently, you may visit the Sangchhen Dorji Lhuendrup Nunnery, which is the home of one of the biggest bronze sculptures of Avalokiteshvara in Bhutan. The statue is made entirely by native Bhutanese artisans, and it represents the bodhisattva of limitless mercy. In addition, a permanent "higher learning and meditation centre" for nuns receiving life skills and religious instruction is housed within the temple complex. Originally constructed in the seventeenth century, Nobgang monastery served as the residence of Tibetan Buddhist teacher Zhabdrung Ngawang Namgyal. You will see the breathtaking valleys, mountains, and Punakha Dzong as you begin your hike down. The walk will past the school, farms and farmhouses as it winds among chir pine trees. Before you get to the finish line, you'll pass an incredible tree that the locals think is the walking staff of the 'Divine Madman', planted upside down.

Time: four to five hours / Level of difficulty: easy to moderate

Choice 2: White Water Rafting in the rivers Mo Chhu and Pho Chhu:

The majority of Bhutan's rivers are too unsafe for rafting since they are remote and extremely steep. On the other hand, the Punakha Valley's Mo Chhu and Pho Chhu rivers are easily accessible and provide swift yet secure waters. Thus, these are the two most well-liked rafting trips in Bhutan.

It's also a fantastic chance to see the scenery from a different angle while you raft. Depending on the condition of the river, the duration is two to four hours (with a 45-minute break during the monsoon season, July to August).

Easy in terms of difficulty: Extra Price: US\$350 per boat, plus taxes (for up to five persons). Please be aware that availability for rafting may vary. Even while our outfitter takes every safety measure to guarantee a safe experience, there is always some danger involved with white water excursions. It is suggested that all participants be healthy and able to swim. All necessary protective gear is provided, such as helmets, dry bags for valuables, life jackets and splash jackets and pants.

In the evening: COMO Uma Punakha

Day: 04

PARO

PUNAKHA VALLEY TO PARO, CHUZOM, AND TAMCHO G Lhakhang:

Morning:

For another opportunity to see the Himalayan Mountain range, retrace your way back across the Dochu La pass. Back at the Chuzom (the meeting point of the Wang Chhu and Paro Chhu rivers), you may catch a view of the three neighbouring shrines, each with a distinct architectural style—Nepali, Tibetan, and Bhutanese—erected to ward off evil spirits. If time permits, visit to the temple Tamchog Lhakhang. It was constructed by Thangtong Gyalpo, a pioneering engineer who brought suspension bridge construction to Tibet and Bhutan—many of which are still in use today.

If you choose to, your guide will also arrange to bring you to a nearby monastery for a butter lamp ceremony – as a spiritual blessing and welcome to the kingdom – any time on this day. During this symbolic Buddhist ceremony, you will witness monks lighting lamps filled with ghee, in place of the originally used yak butter. The ceremony is meant to dispel ignorance, celebrate the fluidity of life and acknowledge the interdependency of nature.

Day: 05

Day: 06

KYICHU LHAKHANG, DRUKGYEL DZONG, RINPUNG DZONG, TA DZONG, PARO TOWN, AND ZURIG DZONG: **Morning:** Wind through pine forests to the picturesque grounds of the Zurig Dzong monastery, which resembles a fortress. Go to Ta Dzong, Bhutan's National Museum and enjoy the stunning views of Paro, and then descend to Rinpung Dzong, also known as the Fortress on a Heap of Jewels. The path then passes the main archery range, Ugyen Pelri Palace, and crosses the Paro Chhu River via the historic covered bridge Nyamai Zam before entering Paro town.

Afternoon: We travel a few kilometres north of Paro to Kyichu Lhakhang, one of the oldest temples in Bhutan, where we pay our respects under the enchanted year-round fruit-bearing orange tree. If time permits, we drive up the valley to the Drukgyel Dzong, which Zhabdrung Ngawang Namgyal constructed in 1648 to guard the northern route to Tibet.

Overnight at Paro.

Day: 07

Morning

Today's activities centre on the historic Paro Valley and end with a visit to the Taktsang "Tiger's Nest" Monastery, one of Bhutan's most significant architectural masterpieces. Legend has it that Guru Rinpoche (Padmasambhava) brought Buddhism to Bhutan from Tibet by landing on the back of a flying tigress on this cliffside. The journey begins early to beat the heat on the two-hours ascent, which is a steep walk that passes a waterfall and ends at the monastery's main entrance among stunning murals. Going even higher to visit remote temples is an option if time permits.

Afternoon

You return to COMO Uma Paro after lunch, which can be either a packed picnic or food from the quaint Taktsang café. Here, you can unwind on your last night by using the steam room, gym, and swimming pool, or by indulging in one of the COMO Shambhala therapies.

Day: 08

After breakfast, our guide will transfer you to Paro International Airport for your departure flight.

PACKAGE INCLUSIONS

- Return Air ticket on Business Class
- Visa Fee for Foreign Nationals (BD Passport -VISA ON ARRIVAL)
- SDF
- 5 Star Accommodation
- Meals
- Accommodation for three nights at COMO Uma Paro on a full board basis (excluding beverages), which includes picnic lunches during excursion days
- Private guided day walks and excursions taking in the highlights of the Paro and Thimphu Valleys
- Five 60-minute private yoga sessions (daily)
- The private guiding services of an experienced English-speaking Bhutanese guide
- One-hour COMO Shambhala Massage per person
- One to two yoga sessions per day and a 60-minute daily private yoga session for five days
- Private airport transfers and transport in Bhutan
- All Bhutanese government visa and royalty fees, service charge and sales tax
- All museum and visitor centre entry fees and road permits
- Complimentary scheduled one-hour daily yoga class (except Sundays)

PACKAGE EXCLUSIONS

- Personal Expenses, Shopping/Souvenirs
- Unexpected Circumstances
- Helicopter services (optional)
- Tips and Gratuities to Guides/drivers
- Use of bar and beverages in Hotels/Bars.
- Travel Insurance

SEASONS

- **Season 1**
(Jan 1- Feb 29, Jun 1 - Aug 31, Dec 1- Dec 31)
- **Season 2**
(Mar 1- Mar 17, Mar 27-May 31, Sep 1-Sep 10, Sep 17- Nov 30)
- **Season 3**
(Mar 18 - Mar 26, Sep 11- Sep 16)

Terms & Conditions

- Any kinds of Government Surcharge, Tax, and rate of exchange increase, rates will be auto revised accordingly.
- Package rate is subject to room availability.
- Minimum required 2 Adults to avail this package.
- Packages are **NON-REFUNDABLE** once issued.