

## - 7 Nights | 8 Days -

BD Nationalities		Non-BD Nationalities
\$5,112 Per Person	Season-1	\$5,916 Per Person
\$6,537 Per Person	Season-2	\$7,140 Per Person
\$6,769 Per Person	Season-3	\$7,340 Per Person

FLIGHT DETAILS						
Airlines	Flight No.	Origin   Time	Destination   Time	Baggage		
Druk Air	KB-301	Dhaka (DAC)   09:10	Paro (PBH)   10:40	40 Kg & 5 kg in hand		
DI UK AII	KB-300	Paro (PBH)   07:00	Dhaka (DAC)   08:30	40 Ng & 3 Ng III Haliu		

ACCOMODATION DETAILS							
City	Nights	5 Star Hotel Name	Room Type	Meal Plan			
PARO	4	COMO Uma Paro	Double/Twin Bed	Breakfast, Lunch & Dinner			
PUNAKHA	2	COMO Uma Punakha	Double/Twin Bed	Breakfast, Lunch & Dinner			
PARO	1	Bumdra Monastery Camp		Breakfast, Lunch & Dinner			

## **Tour Plan**

## **PARO**

Day: 01

After being welcomed by Drukair Holidays personnel, you will make the 10-minute journey to the hotel. Following your arrival and some time to get used to your new surroundings, you will go on your first adventure into the Himalayan kingdom, which will include a visit to a temple and some sightseeing in Paro Town. You have the opportunity to get to know your guide and acclimatise to the rarefied air at this altitude during your afternoon tour.

Overnight: COMO Uma Paro

## **PUNAKHA**

Day: 02

During your journey from COMO Uma Paro to COMO Uma Punakha, you can visit Thimphu's major attractions such as the Buddha Dordenma statue, the National Memorial Chorten, Trashi Chhoe Dzong, and the Folk Heritage Museum (exact tour itinerary may vary). The capital city is situated on the western hillside of the Wang Chhu River, surrounded by lush rice farms and peaks. The trip from Thimphu to Punakha is breathtaking, heading up the 3,000m-high Dochu La mountain pass with views of 108 Buddhist shrines, prayer flag woods, and, on a clear day, the Himalayan range.

Overnight: COMO Uma Punakha

Duration of drive: 3 to 4 hours (126km)

#### Morning

The morning begins with a short walk through farmhouses and rice terraces. Visit Chimmi Lhakhang, a 15th-century fertility temple devoted to Drukpa Kuenley, a Tibetan Buddhist saint, often known as the 'Divine Madman'. This place is a popular destination for couples looking to establish a family, including vibrant fertility symbols and statues. As you continue down the valley, you'll see the 300year-old Punakha Dzong. The Bhutanese stronghold, built in the 17th century by Zhabdrung Ngawang Namgyal (founder of the Kingdom of Bhutan), previously housed the government. Je Khenpo, Bhutan's top abbot, and his 1,000 red-robed monks now spend their winters here.

Day: 03

### Afternoon

After lunch, we'll stroll past homesteads and fields to Khamsum Yulley Namgyal Chorten, a royal familybuilt hilltop shrine. Experience a full day of exploring in the verdant Punakha Valley, where bananas and oranges bloom beside the footpaths at 1,200m altitude.

Duration: 6 to 7 hours
Difficulty: Easy to moderate





## **PARO**

#### Morning

Retrace your steps across the Dochu La pass to see the Himalayan range again. Returning to the Chuzom (the junction of the rivers Wang Chhu and Paro Chhu), you may see three neighbouring shrines designed to fend off evil spirits, each with a unique architectural style: Nepali, Tibetan, and Bhutanese.If time permits, a visit to Tamchog Lhakhang, a temple constructed by Thangtong Gyalpo, the trailblazing engineer who brought suspension bridge construction to Bhutan and Tibet (many of which are still in use today), will be made.

Day: 04

#### Afternoon

The drive to COMO Uma Paro takes you through apple orchards and rice paddies before arriving at our mountain house. Spend the remainder of the day relaxing in this peaceful environment. Bhutan's national sport, archery, is a popular activity.

Duration of drive: 3 to 4 hours (126km)

Difficulty: Easy

Overnight: COMO Uma Paro

WALK TO ZURIG DZONG, RINPUNG DZONG, TA DZONG, PARO TOWN, KYICHU LHAKHANG AND DRUKGYEL

## Morning

Travel through pine forests situated high above COMO Uma Paro, arriving at the picturesque grounds of the fortified monastery known as Zurig Dzong. Go to Ta Dzong, which houses Bhutan's National Museum and offers stunning views of Paro, and then descend to Rinpung Dzong, also known as the Fortress on a Heap of Jewels. The path then passes the main archery range, Ugyen Pelri Palace, and crosses the Paro Chhu River via the historic covered bridge Nyamai Zam before entering Paro town.

#### Afternoon

Day: 05

We travel a few kilometres north of Paro to Kyichu Lhakhang, one of the oldest temples in Bhutan, where we pay our respects and see its enchanted year-round orange tree. If we have time, we continue up the valley to the Drukgyel Dzong, which Zhabdrung Ngawang Namgyal erected in 1648 to guard the northern entry to Tibet. Before you head back to our hotel, your guide can make arrangements to take you to a local monastery for a butter lamp ceremony, which serves as a spiritual blessing and a welcoming to the kingdom. In lieu of the traditional yak butter, you will see monks lighting ghee-filled lamps during this symbolic Buddhist ceremony. The purpose of the ritual is to eradicate ignorance and celebrate fluidity.

Duration: 5 to 7 hours (subject to time spent in National Museum and Paro)

Difficulty: Easy to moderate Overnight: COMO Uma Paro

# HIKE FROM SANG CHOEKHOR BUDDHIST COLLEGE (2,800M) TO YAK PASTURE BELOW BUMDRA MONASTERY (3,800M)

#### Morning

The adventure starts with an early morning travel to Sang Choekhor to meet our ponies. While they load up, we can pay our respects at Buddhist College, which offers stunning views of the valley below. Walking out on from here, we climb the steep ridge, which takes one to two hours. At times, but in a cool shade. This leads to a clearing with prayer flags and panoramic views of the Paro and Do Chhu valleys below. The Chhoe Tse Lhakhang monastery, nestled in the mountainside, is a two-hour hike away and will provide a good lunch stop.

Day: 06

## Afternoon

The terrain initially undulates before becoming steeper as we approach our objective. From here, visitors may enjoy breathtaking views of Paro and the snow-capped Himalayas. After a final climb through ruins and prayer flags, we return to the ancient woodland and emerge on a high broad meadow with sacred chortens and white flags. Our overnight tent under Bumdra Monastery (Cliff of a Hundred Thousand Prayers) offers breathtaking views of the Himalayan range. If time allows, we can visit the monastery and climb to the sky burial site (about 4,000m) for stunning views before returning for a warm meal.

Duration: 4 to 6 hours to camp, 2 to 3 hours optional return trek to peak

Difficulty: Moderate to hard (guided with picnic lunch)

# Gyalrab Ghe Zhingkham



Overnight: Bumdra Wilderness Camp (3,800m)

## HIKE FROM YAK PASTURE BELOW BUMDRA MONASTERY (3,800M) VIA ZANGTOKPELRI MONASTERIES TO TAKTSANG MONASTERY (2,900M), COMO UMA PARO CHECK-IN

After breakfast, we can either return to the valley or stay to enjoy the view and hang our own prayer flags. The zig-zag track leads back into the ancient pine and rhododendron forest. During our descent, we see temples below. The road between temples leads to Zangktopelri gardens, with views of Taktsang monastery's elaborate rooftops below. After an hour, we arrived at Taktsang's gates, overlooking the gorge. We descended to a waterfall and then climbed steps to reach Tiger's Nest. After retracing our travels, we drive back to COMO Uma Paro, stopping at the other side of the valley to reflect on our achievements.

Duration: 5 to 7 hours, depending on time taken in monasteries

Difficulty: Moderate (guided with lunch)

Overnight: COMO Uma Paro

Day: 08

Day: 07

After breakfast, our guide will transfer you to Paro International Airport for your departure flight.

## **PACKAGE INCLUSIONS**

- Return Air ticket on Business Class
- Visa Fee for Foreign Nationals (BD Passport -VISA ON ARRIVAL)
- SDF
- 5 Star Accommodation
- Accommodation for three nights at COMO Uma Paro on a full board basis (excluding beverages), which includes picnic lunches during excursion
- Private guided day walks and excursions taking in the highlights of the Paro and Thimphu Valleys
- Five 60-minute private yoga sessions (daily)
- The private guiding services of an experienced English-speaking Bhutanese guide
- One-hour COMO Shambhala Massage per person
- One to two yoga sessions per day and a 60-minute daily private yoga session for five days
- Private airport transfers and transport in Bhutan
- All Bhutanese government visa and royalty fees, service charge and sales tax
- All museum and visitor centre entry fees and road permits
- Complimentary scheduled one-hour daily yoga class (except Sundays)

## **PACKAGE EXCLUSIONS**

- Personal Expenses, Shopping/Souvenirs
- **Unexpected Circumstances**
- Helicopter services (optional)
- Tips and Gratuities to Guides/drivers
- Use of bar and beverages in Hotels/Bars.
- Travel Insurance

## SEASONS

- Season 1 (Jan 1- Feb 29, Jun 1 - Aug 31, Dec 1- Dec 31)
- (Mar 1- Mar 17, Mar 27-May 31, Sep 1-Sep 10, Sep 17- Nov 30)
- Season 3

(Mar 18 - Mar 26, Sep 11- Sep 16)

### **Terms & Conditions**

- Any kinds of Government Surcharge, Tax, and rate of exchange increase, rates will be auto revised accordingly.
- Package rate is subject to room availability.
- Minimum required 2 Adults to avail this package.
- Packages are **NON-REFUNDABLE** once issued.