

– 5 Nights | 6 Days –

BD Nationalities		Non-BD Nationalities
\$3,715 Per Person	Season-1	\$4,421 Per Person
\$3,757 Per Person	Season-2	\$5,486 Per Person
\$4,822 Per Person	Season-3	\$5,661 Per Person

FLIGHT DETAILS				
Airlines	Flight No.	Origin Time	Destination Time	Baggage
Druk Air	KB-301	Dhaka (DAC) 09:10	Paro (PBH) 10:40	40 Kg & 5 kg in hand
	KB-300	Paro (PBH) 07:00	Dhaka (DAC) 08:30	

ACCOMODATION DETAILS				
City	Nights	5 Star Hotel Name	Room Type	Meal Plan
PARO	3	COMO Uma Paro	Valley Room	Breakfast, Lunch & Dinner
PUNAKHA	2	COMO Uma Punakha	Valley Room	Breakfast, Lunch & Dinner

Tour Plan

PARO

Day: 01 You will be GREETED by Drukair representative at the airport. CHECK-IN to COMO UMA Paro which is 10 minutes drive from the airport. You will meet your yoga teacher for the week and have an introductory private yoga practice. Your first private yoga practice will be in the late afternoon. Then, you will be taken on the first foray into the Himalayan kingdom, with sightseeing in Paro town and a temple visit. This afternoon trip allows you to acclimatise to the rarefied air at this altitude, as well as the chance to get to know your guide.
Overnight: COMO Uma Paro

PUNAKHA

Day: 02 **DRIVE TO PUNAKHA**
Morning:
Before starting your day, if you would like, your guide will make arrangements to take you to a local monastery for a butter lamp ceremony, which serves as a welcome to the kingdom and a spiritual blessing. The purpose of the ritual is to celebrate life's fluidity, dispel ignorance, and recognise nature's interdependence. You can make a stop in Thimphu, the capital of Bhutan on the way from Paro to Punakha. An immersive tour will show you some of the main sights, such as the Buddha Dordenma statue and the National Memorial Chorten, a view of Trashi Chhoe Dzong and the Folk Heritage Museum (exact tour itinerary varies). Surrounded by lush rice paddies and tall peaks, the capital city is spread out over the forested western hillside of the Wang Chhu River. Drives to Punakha from Thimphu is three to four hours (126 km) with route winds snake-like over the 3,000-meter-high Dochu La mountain pass, providing views of 108 chortens (Buddhist shrines), forests of cluttered prayer flags, and, on a clear day, expansive views of the Himalayan range.
Duration of drive: 3 to 4 hours (126km)
Overnight: COMO Uma Punakha

Day: 03 **Morning**
We begin the morning with a quick stroll through rice paddies and farmhouses to go to Chimmi Lhakhang, a fertility temple dating back to the fifteenth century, perhaps more famously known as the "Divine Madman". With its vibrant fertility symbols and striking statuary, this location has long been a destination for couples looking to have a family. As one travels deeper into the valley, the 300-year-old Punakha Dzong is seen. The administration of Bhutan was originally based here, which was constructed in the 17th century. Today, Je Khenpo, the head abbot of Bhutan, and his 1,000 monks reside here in winter.
Afternoon

Following lunch, the tour leads you on a walk via farms and homesteads to the royal family's hilltop shrine, Khamsum Yulley Namgyal Chorten. We will spend the entire day exploring the beautiful Punakha Valley.

Duration: 6 to 7 hours

Difficulty: Easy to moderate

Overnight: COMO Uma Punakha

PARO

Day: 04

Morning

Take another look at the Himalayan mountain range by going back over the Dochu La pass. As you make your way back to the Chuzom (the meeting point of the rivers Wang Chhu and Paro Chhu), you'll be able to see the three neighbouring shrines in Nepali, Tibetan, and Bhutanese style of architect that were constructed to fend off evil spirits. If time permits, visit Tamchog Lhakhang, a temple constructed by Thangtong Gyalpo, the pioneering engineer who brought suspension bridge construction to Bhutan and Tibet (many of which are still in use today). The last stretch of our drive to COMO Uma in Paro provides a scenic journey of rice paddies and apple orchards. You can spend the remaining time of the day in this serene environment of the resort. You can also try our National sport-archery which is well liked.

Duration of drive: 3 to 4 hours (126km)

Difficulty: Easy

Overnight: COMO Uma Paro

Day: 05

Morning

Today's activities centre on the historic Paro Valley and end with a visit to the Taktsang "Tiger's Nest" Monastery, one of Bhutan's most significant architectural masterpieces. Legend has it that Guru Rinpoche (Padmasambhava) brought Buddhism to Bhutan from Tibet by landing on the back of a flying tigress on this cliffside. The journey begins early to beat the heat on the two-hours ascent, which is a steep walk that passes a waterfall and ends at the monastery's main entrance among stunning murals. Going even higher to see isolated temples is an option if time permits.

Afternoon

You return to COMO Uma Paro after lunch, which can be either a packed picnic or food from the quaint Taktsang café. Here, you can unwind on your last night by using the steam room, gym, and swimming pool, or by indulging in one of the COMO Shambhala therapies.

Duration: 6 to 8 hours

Difficulty: Moderate to hard

Overnight: COMO Uma Paro

Day: 06

Your 10-minute transfer to Paro International Airport will be arranged according to your flight schedule.

PACKAGE INCLUSIONS

- Return Air ticket on Business Class
- Visa Fee for Foreign Nationals (BD Passport -VISA ON ARRIVAL)
- SDF
- Accommodation for five nights at COMO Uma Paro on a full board basis (excluding beverages), which includes picnic lunches during excursion days
- Four-and-a-half private guided day walks and excursions taking in the highlights of the Paro and Thimphu Valleys
- Five 60-minute private yoga sessions (daily)

PACKAGE EXCLUSIONS

- Personal Expenses, Shopping/Souvenirs
- Horseback riding at Tiger's Nest Monastery
- Unexpected Circumstances
- Hot stone bath
- Tips and Gratuities to Guides/drivers
- Use of bar and beverages in Hotels/Bars.
- Travel Insurance

SEASONS

- The private guiding services of an experienced English-speaking Bhutanese guide
 - One-hour COMO Shambhala Massage per person
 - One to two yoga sessions per day and a 60-minute daily private yoga session for five days
 - Private airport transfers and transport in Bhutan
 - All Bhutanese government visa and royalty fees, service charge and sales tax
 - All museum and visitor centre entry fees and road permits
 - Complimentary scheduled one-hour daily yoga class (except Sundays)
 - Complimentary use of the library, internet facilities, swimming pool, steam room and gym
 - Complimentary, resort-wide Wi-Fi access
- **Season 1:**
(DEC, JAN, FEB, JUN, JUL, AUG)
 - **Season 2:**
MAR 1- MAR 17, MAR 27-MAY 31, SEP 1-SEP 10, SEP 17-NOV 30
 - **Season 3:**
MAR 18-MAR26, SEP 11-SEP 16

Terms & Conditions

- Any kinds of Government Surcharge, Tax, and rate of exchange increase, rates will be auto revised accordingly.
- Package rate is subject to room availability.
- Minimum required 2 Adults to avail this package.
- Packages are **NON-REFUNDABLE** once issued.